

**Tijdrif Lyaemer Wonen Lemmer**  
(Organisatie IJvereniging Lemmer)

Afstand km: 10

M/D/H = Master/Dames/Heren

Datum: 1-6-2011

| Eindstand | Deelnemers            | Cat | Woonplaats      | Pers.rec. | Jaar-p.r. | Eindtijd | KM/U  |
|-----------|-----------------------|-----|-----------------|-----------|-----------|----------|-------|
| 1         | Wieger van der Wier   |     | Marum           | 12:46,02  | 2009      | 12:38,31 | 47,47 |
| 2         | Johannes de Groot     |     | Jubbega         | 13:37,52  | 2009      | 12:46,31 | 46,98 |
| 3         | Ronald Heringa        | M   | Groningen       |           |           | 12:52,88 | 46,58 |
| 4         | Peter Visscher        | M   | De Wijk         | 13:21,54  | 2009      | 13:28,58 | 44,52 |
| 5         | Rint Douma            | M   | Lemmer          | 14:19,75  | 2009      | 13:28,96 | 44,50 |
| 6         | Jan Essers            |     | Wolvega         | 13:22,08  | 2008      | 13:29,19 | 44,49 |
| 7         | Pieter Jorn Gemser    |     | Gorredijk       | 15:29,07  | 1995      | 13:31,77 | 44,35 |
| 8         | Geert Jan Stenvert    |     | IJlst           |           |           | 13:35,15 | 44,16 |
| 9         | Manuel van Tintelen   | M   | Baars           | 13:50,56  | 2009      | 13:35,27 | 44,16 |
| 10        | Heini Koornberg       |     | Zwolle          |           |           | 13:36,40 | 44,10 |
| 11        | Gerrit Kok            | M   | Balk            | 13:48,63  | 2008      | 13:44,38 | 43,67 |
| 12        | Lieuwe Palstra        |     | Bolsward        | 13:55,92  | 2007      | 13:46,34 | 43,57 |
| 13        | Hendrik Eppinga       |     | Oudemirdum      | 15:40,85  | 2007      | 13:47,06 | 43,53 |
| 14        | Bertil van Dorp       | M   | Elburg          |           |           | 13:48,16 | 43,47 |
| 15        | Rein Oppewal          | M   | Sneek           | 13:59,07  | 2009      | 13:52,18 | 43,26 |
| 16        | Johan Bouma           |     | Oppenhuizen     |           |           | 13:53,34 | 43,20 |
| 17        | Samme Steenstra       | M   | Joure           | 13:39,35  | 2009      | 13:56,61 | 43,03 |
| 18        | Marten Nijmeier       | M   | Lemmer          | 13:49,44  | 2008      | 13:57,38 | 42,99 |
| 19        | Ronald Kruijer        |     | Heiligerlee     |           |           | 14:00,65 | 42,82 |
| 20        | Johan Knol            |     | Midwolde        |           |           | 14:02,26 | 42,74 |
| 21        | Cees Tuytel           | M   | Marknesse       |           |           | 14:05,81 | 42,56 |
| 22        | John Nagelhout        | M   | Heerenveen      |           |           | 14:07,28 | 42,49 |
| 23        | Lammert Haverkamp     |     | Elburg          |           |           | 14:12,16 | 42,25 |
| 24        | Jan Brouwer           | M   | Bolsward        | 14:07,84  | 2008      | 14:16,19 | 42,05 |
| 25        | Oebele Woudstra       |     | Lemmer          | 14:18,55  | 2009      | 14:17,36 | 41,99 |
| 26        | Age Nauta             | M   | Koudum          | 13:14,13  | 1992      | 14:19,40 | 41,89 |
| 27        | Jaap Ketelaar         |     | Aduard          |           |           | 14:20,87 | 41,82 |
| 28        | Harry Feenstra        |     | Emmeloord       |           |           | 14:20,99 | 41,81 |
| 29        | Piet Gemser           | M   | Sneek           | 14:09,07  | 2000      | 14:21,03 | 41,81 |
| 30        | Hylke Brouwer         |     | Amersfoort      | 13:51,84  | 2009      | 14:27,43 | 41,50 |
| 31        | John Knol             | M   | Marum           |           |           | 14:29,29 | 41,41 |
| 32        | Rik Jansen            |     | Zwolle          |           |           | 14:45,40 | 40,66 |
| 33        | Sicco Jellema         | M   | Wommels         |           |           | 14:46,71 | 40,60 |
| 34        | Marcel Walstra        | M   | Joure           | 15:00,99  | 2009      | 14:49,40 | 40,48 |
| 35        | Gerda Brouwer         | D   | Sondel          | 15:51,03  | 2005      | 14:59,49 | 40,02 |
| 36        | Hennie Venema         | D   | Leek            | 16:17,54  | 2009      | 15:02,25 | 39,90 |
| 37        | Suzanne van Gelder    | D   | Wolvega         |           |           | 15:09,78 | 39,57 |
| 38        | Jan Dekkers           | M   | Marum           |           |           | 15:15,79 | 39,31 |
| 39        | Lolle Schakel         | M   | Balk            | 14:46,21  | 1994      | 15:20,46 | 39,11 |
| 40        | Tom Dams              |     | Zwolle          |           |           | 15:21,66 | 39,06 |
| 41        | Janette de Groot-Bron | D   | Jubbega         | 16:35,76  | 2009      | 15:35,82 | 38,47 |
| 42        | Harry Werkman         |     | Lemmer          | 15:06,35  | 1995      | 15:36,87 | 38,43 |
| 43        | Gerben Duursma        | M   | Sneek           | 16:07,81  | 2009      | 15:45,42 | 38,08 |
| 44        | Margriet Engelsma     | D   | Noordwijk (Gr.) |           |           | 15:54,21 | 37,73 |

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|-----------|-------------------|-----|--------------|-----------|-----------|----------|-------|
| 45        | Julius Werkman    |     | Lemmer       | 15:59,10  | 2009      | 16:09,36 | 37,14 |
| 46        | Piet Abma         | M   | Tjerkgaast   |           |           | 16:35,45 | 36,16 |
| 47        | Margje Abma       | D   | Tjerkgaast   | 15:47,43  | 2003      | 17:12,94 | 34,85 |
| 48        | Jaco Schrauwen    | M   | Meppel       |           |           | 17:28,79 | 34,33 |
| 49        | Tineke van Berkum | D   | Echtenerbrug |           |           | 18:08,87 | 33,06 |
| 50        | Wiep Folkerts     | D   | Heerenveen   | 18:59,36  | 2009      | 19:08,18 | 31,35 |

**Met dank aan:**

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