



| Eindstand | Deelnemers | cat | Woonplaats | Pers.rec. | Jaar-p.r. | Eindtijd | KM/U |
|----------------|-----------------------|-----|-------------------|-----------|-----------|----------|-------|
| 1 | Bettina Zijlstra | D | Groningen | 15.20.58 | 2015 | 14:02,45 | 42,73 |
| 2 | Loes Adegeest | D | Enschede | | | 14:16,48 | 42,03 |
| 3 | Jacqueline Postma | D | Hoorn | | | 14:31,46 | 41,31 |
| 4 | Margriet Engelsma | D | Noordwijk (Gr) | 15.32.52 | 2013 | 15:38,56 | 38,36 |
| 5 | Alyda Norbruis | D | Ureterp | | | 15:45,33 | 38,08 |
| 6 | Wiep Folkerts | D | Heerenveen | 18.59.36 | 2009 | 19:21,56 | 30,99 |
| Heren | | | | | | | |
| 1 | Johan Tijssen | H | Sint JansKlooster | | | 12:22,84 | 48,46 |
| 2 | Bert Smilda | H | Groningen | 12.38.55 | 2015 | 12:31,00 | 47,94 |
| 3 | Pieter Smith | H | Groningen | | | 13:03,32 | 45,96 |
| 4 | Julian van der Wouden | H | Sonnega | | | 13:05,56 | 45,83 |
| 5 | Sytse Brouwers | H | Groningen | 13.27.04 | 2012 | 13:12,59 | 45,42 |
| 6 | Eelcon Kooistra | H | Schraard | | | 13:17,33 | 45,15 |
| 7 | Jeffrey Veltink | H | Hardenberg | | | 13:20,71 | 44,96 |
| 8 | Teunis Hoefnagel | H | Urk | | | 13:29,86 | 44,45 |
| 9 | Laurens Taekema | H | | 13.50.49 | 2012 | 13:33,17 | 44,27 |
| 10 | Wilco Timmerman | H | Emmeloord | | | 13:35,19 | 44,16 |
| 11 | Sebastiaan Pais | H | Groningen | 13.56.32 | 2015 | 13:40,46 | 43,88 |
| 12 | Wiecher Visser | H | Harlingen | | | 14:00,79 | 42,82 |
| 13 | Geert Jan Stenvert | H | IJlst | 13.35.15 | 2011 | 14:07,78 | 42,46 |
| 14 | Mathijs Vallinga | H | Scherpenzeel | | | 14:20,20 | 41,85 |
| 15 | Hans Hiemstra | H | Harkema | | | 14:21,78 | 41,77 |
| 16 | Michael Egberts | H | Meppel | 14.41.69 | 2015 | 14:26,62 | 41,54 |
| 17 | Kay van der Linden | H | Drachten | | | 14:51,62 | 40,38 |
| 18 | Arnoud Nijhuis | H | Balkbrug | 15.49.13 | 2015 | 14:53,84 | 40,28 |
| 19 | Ruud Willems | H | Emmeloord | 15.40.95 | 2014 | 15:16,74 | 39,27 |
| 20 | Harold Brouwer | H | Lemmer | | | 15:30,90 | 38,67 |
| 21 | Meindert de Boer | H | Urk | | | 15:48,98 | 37,94 |
| Masters | | | | | | | |
| 1 | Remco Grasman | M | Emmeloord | 12.12.35 | 2015 | 11:51,11 | 50,63 |
| 2 | Wieger van der Wier | M | Marum | 12.21.72 | 2015 | 12:04,56 | 49,69 |
| 3 | Marthijs Wegdam | M | Dalen | | | 12:35,44 | 47,65 |
| 4 | Ronald Heringa | M | Groningen | 12.37.38 | 2013 | 12:48,50 | 46,84 |
| 5 | Lammert Haverkamp | M | Elburg | 13.21.38 | 2013 | 12:49,96 | 46,76 |
| 6 | Shane Mahon | M | Haarlem | | | 12:55,96 | 46,39 |
| 7 | Jelle Wietse de Groot | M | Groningen | 16.27.79 | 1991 | 13:03,60 | 45,94 |
| 8 | Wopko Faber | M | Sneek | 13.41.77 | 2013 | 13:12,70 | 45,41 |
| 9 | Richard te Vaarwerk | M | Neede | | | 13:21,56 | 44,91 |
| 10 | Marcel van der Bosch | M | Wezep | | | 13:30,55 | 44,41 |
| 11 | Arjan de Haan | M | Rouveen | | | 13:32,95 | 44,28 |
| 12 | Siem Homsma | M | Oppenhuizen | | | 13:39,17 | 43,95 |
| 13 | Nico Bakker | M | Hattem | 13.17.68 | 2013 | 13:41,07 | 43,85 |
| 14 | Bertijn Brijder | M | Heerenveen | 13.29.45 | 2013 | 13:44,80 | 43,65 |
| 15 | Dolf Smit | M | Eelde | 14.12.76 | 2014 | 13:47,26 | 43,52 |
| 16 | Samme Steenstra | M | Joure | 13.59.35 | 2009 | 13:51,17 | 43,31 |
| 17 | Sjaak Vanhal | M | Deventer | | | 13:55,38 | 43,09 |
| 18 | Bert Mast | M | Lippenhuizen | 14.15.45 | 2015 | 14:00,50 | 42,83 |
| 19 | Marten Nijmeijer | M | Lemmer | 13.49.44 | 2008 | 14:02,40 | 42,74 |
| 20 | Atty Duyn | M | Eefde | 14.30.40 | 2015 | 14:11,44 | 42,28 |
| 21 | Marco Rademaker | M | Zeewolde | 14.40.66 | 2015 | 14:26,06 | 41,57 |
| 22 | Sicco Jellema | M | Wommels | 14.46.71 | 2012 | 14:39,26 | 40,94 |
| 23 | HenkOnsman | M | | | | 14:39,71 | 40,92 |
| 24 | John Knol | M | Marum | 14.02.26 | 2011 | 14:40,78 | 40,87 |
| 25 | Dick de Haan | M | Franeker | | | 14:42,38 | 40,80 |
| 26 | Hendrik Hoekstra | M | Joure | | | 14:48,74 | 40,51 |
| 27 | Jan Dekkers | M | Marum | 15.32.09 | 2015 | 15:06,37 | 39,72 |
| 28 | Johan Jongbloed | M | Assen | 15.09.16 | 2015 | 15:24,27 | 38,95 |
| 29 | Gerrit Oosterveld | M | Bornebroek | 15.33.88 | 2013 | 15:25,86 | 38,88 |
| 30 | Richard Aardenburg | M | Biddighuizen | | | 15:28,49 | 38,77 |
| 31 | Klaas Smit | M | Tynaarlo | | | 15:38,96 | 38,34 |
| 32 | Wouter Kuiper | M | Marum | 16.22.49 | 2015 | 16:03,70 | 37,36 |

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